

Peninsula East Primary Academy

PSHE Policy

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Date	Version No	Brief detail of change
Sept 22	1.0	Drafted policy
Sept 23	1.1	Redraft to reflect 2023 changes.
Sept 24	1.2	Redraft to reflect 2024 changes.

At Peninsula East Primary Academy we believe that all pupils are entitled to a broad and balanced curriculum regardless of race, gender, religion or ability. We are committed to the development of the whole child and as a consequence we place Personal, Social, Health and Economic Education (PSHE) and Relationships and Sex Education (RSE) ([see RSE policy](#)) at the heart of all that we do. We recognise that schools support pupils to develop in many diverse aspects of life, and the responsibility of preparing pupils for their adult lives is one that we take pride in, and assume with integrity and purpose.

This policy should be read in conjunction with the following policies: RSE, Inclusion and Child Protection.

Intent

At Peninsula East Primary Academy through our curriculum, our school environment, our school ethos and the strength of our relationships, we strive to promote pupils' self-esteem and emotional and physical well-being and help them to form and maintain worthwhile and satisfying relationships, based on respect for themselves and for others, at home, at school, at work and in the community. Through our curriculum, our pupils know and understand what constitutes a healthy lifestyle and develop a growing awareness of a broad range of safety issues. Pupil voice lies at the heart of our school and the use of the learner attributes, curriculum and opportunities mean that pupils grow into principled, independent, active, responsible and globally aware members of our school community who play an active part in decision making through groups such as the School Council and our Well-being Group. In order to flourish, thrive and develop into happy adults who contribute effectively to society, pupils at Peninsula East Primary Academy develop their personalities and behaviour through the specific focus on important values and with a focus upon the learner attributes that enable them to reflect, learn, behave with integrity and work consistently well with others. With these skills, combined with the development of responsibility and resilience, pupils are then able to draw upon their understanding in order to engage and excel in the ever-changing world in which they live both now and in the future.

Implementation

At Peninsula East Primary Academy, the emphasis placed on both PSHE and RSE blends seamlessly into everyday school life in order to maximise the impact of acquiring essential knowledge. Using a combination of the following ensures that all elements of the PSHE framework receive appropriate focus and emphasis:

- Learner attributes: Children are taught these as part of becoming a life-long learner. They are celebrated by the staff, pupils and parents. These are:
 - Principled
 - Open-minded
 - Thinker
 - Caring
 - Inquirer
 - Knowledgeable
 - Communicator
 - Risk-taker
 - Balanced
 - Reflective
- Celebration assemblies: Every Friday there is a celebration assembly where children's work is shared with the school community and certificates are awarded for upholding the learner attributes.
- PSHE Framework: Sessions are planned across the school to ensure that the skills within the curriculum are covered to a high standard. In addition, opportunities for class discussion, circle times and reflection are planned for.
- Schemes of Work: During timetabled lessons, we use a combination of the PSHE/RSE Frameworks and the PSHE Association's Thematic Model. The following topics are taught in a systematic and progressive manner:
 - Health and Wellbeing
 - Relationships

- Living in the Wider World
- School Council: The School Council at Peninsula East Primary Academy is made up of pupils from Year Groups 1-6 with two pupils from each class. The pupils are selected through a democratic process where the pupils put themselves forward as candidates and are then voted for by their peers. The School Council is a vehicle for pupil voice and provides a platform where this can be expressed in a meaningful and structured way to ensure that the opinions, views and ideas of all pupils can have an impact on decisions made in school. The school Council also coordinates all fund-raising activities in school and promotes children taking action.
- Whole School Curriculum Themed Days/Weeks:
 - Anti- Bullying Week
 - Internet Safety
 - Road Safety Week
 - Pupil-lead action e.g fundraising for a charity close to a pupil/family's heart, or linked to a cause pupils may have been learning about in their inquiry work.

Extended curriculum opportunities

At Peninsula East Primary Academy, we recognise that the development of the whole child does not stop at the end of the school day. Through the provision of a wide range of after school clubs, pupils are given the opportunity to develop their personal interests, based on the acquisition of knowledge and skills, in a safe environment. Additionally, Breakfast and After School Club facilitates wrap-around care that further enables pupils to embed and put into practice the knowledge and understanding acquired through the implementation of Peninsula East Primary Academy's PSHE Policy. The following extracurricular opportunities further extend pupils' learning of the wider world and relevant issues that focus the pupils' beyond their primary education:

- Primary Futures: To support the children's learning, staff use the Primary Futures website to locate experts and arrange for them to come into school to support pupil understanding and in addition to inspire pupils to consider their future careers.
- Haven Heroes: At Peninsula East Primary Academy, we are working with the local Haven holiday park, which provides pupils with the access to additional resources, access to workshops and local professionals to work to develop and value our local area.
- Charity Work: Whole School fundraising is a key element of the School Council's responsibilities. Ideas are generated by the School Councillors; staff subsequently support the pupils to develop, organise and implement their vision which annually raises hundreds of pounds for a range of national charities and local causes.
- Pupil led action: Through the framework of the PYP, children are encouraged to improve their understanding of local and global issues. At Peninsula East Primary Academy, children actively seek to take action to support others in need and to work together to improve global issues such as climate change.
- Protected Characteristics -In September 2020, Ofsted published guidance for schools on teaching the protected characteristics in school, with the explanation that it is important that all children have an understanding of the world they are growing up in, having learned how to live alongside, and show respect for, a diverse range of people. As such, our pupils will know the protected characteristics and understand why we must treat everyone fairly. We ensure that the materials used to support teaching are appropriate for the age and maturity of pupils and sensitive to their needs.

Impact

Pupils at Peninsula East are principled, caring, risk-takers and open-minded individuals. They have a sound understanding of the meaning and importance of the learner attributes, our school values and the essential requirements for effective communication and the development of positive relationships; they leave us well equipped and with as global citizens in order to successfully embrace and enjoy secondary education with a very real view of being an effective and happy contributor in today's world.

Policy review

Our PSHE policy is reviewed yearly in conjunction with our RSE policy to ensure that updates are made as and when necessary. Our policies are written in collaboration with all staff and are shared with the entire school community.